

Amtoft Lystbådelaug

Prices

- Membership: 750 kr. (10-trip card included)
- Guests: 100 kr. per hour

Rules in the Sauna

- Leave everything neater than when you arrived, the last person is responsible
- No food and drinks in the sauna**
- No salt water on the sauna stones**
- Use a towel or swimsuit
- Rinse feet before entering
- Children may only use the sauna accompanied by an adult (parents' responsibility)

Good bathing advice before you go into the water

- Never bathe alone
- Check bathing conditions and know the rescue equipment
- Be careful of slippery areas

Good advice before you go into the water

- Breathe calmly
- Keep an eye on each other
- Stay close to stairs

Lifesaving

- Call 1-1-2
- AEDs are available at info. At Amtoft Havnecamping

Contact person: Line Lundbak tel. 27510525